

Children

Childcare and Parenting

<p>DAILY</p> <p>** Calendar Keeper **</p>	<p>OCCASIONAL/ EMERGENCY</p>	<p>REGULAR, BUT NOT DAILY</p>	<p>SPECIAL OCCASIONS</p>
<ul style="list-style-type: none"> • <u>Morning Routines:</u> • clothes, teeth, hair, shoes • Backpack, Lunch • Medications • Out the door on time 	<ul style="list-style-type: none"> • <u>Sick or Injured Child</u> • Taking the day off from work • Making & Attending doctor appointments • Medications & Med refills • Making Followup appts. 	<ul style="list-style-type: none"> • <u>School Year Planning</u> • School supplies • Shoes • Clothes shopping • Enrollment in school, preschool, before & after school care 	<ul style="list-style-type: none"> • <u>Birthday Parties, Graduation Parties, etc.</u> • Plan date, time, location, theme, cake, invitations • Birthday gifts
<ul style="list-style-type: none"> • <u>Organizing Carpool</u> • Carpool to-from school • Carpool to-from after school and extra-curricular or sports 	<ul style="list-style-type: none"> • Social events with friends • Monitoring technology • Playing games/Movie Night planning • Scheduling & Purchasing tickets to events • Sleepovers 	<ul style="list-style-type: none"> • <u>Clubs, sports, Activities</u> • Enrollment • Scheduling • Payments • Equipment • Fundraising • Attending games, performances, etc. 	<ul style="list-style-type: none"> • <u>Holiday Shopping & wrapping</u> • <u>Tooth Fairy</u> • <u>Birthday parties for other kids</u>
<ul style="list-style-type: none"> • <u>After School</u> • Homework & Projects • Dinner (prep, cook, cleanup) • Bedtime: reading, teeth, bath/shower, etc. 	<ul style="list-style-type: none"> • <u>School:</u> • Signing school forms • reading & responding to emails • Adding important school dates to calendars • IEP meetings • Tutoring 	<ul style="list-style-type: none"> • <u>Medical</u> • Making appts: doctor, dentist, eyes, orthodontist, etc. • Regular medication refills 	<ul style="list-style-type: none"> • <u>Vacations</u> • Planning • Packing • Childcare during actual travel (food, drinks, activities, soothing)
<ul style="list-style-type: none"> • <u>Overnight</u> • Infant care • Sick child • Nightmares • Bedwetting • general overnight waking 	<ul style="list-style-type: none"> • <u>Hygiene Products</u> • shampoo, toothpaste, etc. 	<ul style="list-style-type: none"> • <u>Summer or School Break Activities & Care</u> • Camps (meals, transportation, registration) • Daily care - finding care, transportation, packing bags/backpacks, registration & payments 	<ul style="list-style-type: none"> • Teaching to ride a bike • Teaching to swim • Teaching self-care • Sex talk • College visits, FAFSA, loans & enrollment •